

# NO EXCUSES

High Intermediate Clogging Line Dance

Music: No Excuses, by Meghan Trainor

Choreo: Gavin Cox (TN) and friends (Jeff Driggs-wv and Sherry Cox-TN)

Left Foot Lead, Wait 16 beats

## PART A (Verse)

L	DS	R	S(XIB)	S(XIF)	STOMP(F)	
R	DS(XIB)	PULL(TO R)	S	S	STOMP	
	&1 &2	& 3	4	& 5	& 6	7
L	DS	S BO(to R)	BO(to R)	DS	PIVOT(1/2R)	TCH CLAP
R	R	BO(to R)	BO(to R)	R	S(F)	CLAP
	&8 & 9 10	11	&12 & 13	14	15	16

Repeat MJ Pull "Crazy", Turn N Bounce and Basic Pivot to face Front

## PART B (Build)

L	DS	SL	S(XIB)	SK UP S	SL	SKUFF UP S	S	S
R	BR UP S	S	SL	SKUFF UP S	SL	S	S	S
	&1 & 2 & 3	& a	4 & a	5 & a	6 & 7 & 8			
L	DS	S	R	DS	R	HUH!		
R	R	DS	S	DS	S	HUH!		
	&1 & 2 & 3 & 4 & 5 & 6 & 7 & 8							

## PART C (Chorus)

L	S	S	S	S	S	DTS	TCH(F)	UP
R	DTS(TURN1/2L)	S	DT(XIF)	S	S	DTS	DTS	SL
	1 a&a	2 & 3 a&	a	4 & 5 a&a	6a&	a7a	&	8

Repeat Rhythm Step Turn ¼ left

Repeat Rhythm Step Turn ¼ left

L	S	S	S	S	BO(OTS)	BO(Together)	HUH!
R	DTS(TURN1/2L)	S	S	S(XIF)	BO(OTS)	BO(Together)	HUH!
	1 a&a	2 & 3	4 5 &	6	7	8	

REPEAT PART A (Verse)

REPEAT PART B (Build)

REPEAT PART C (Chorus)

## PART D (Break)

L	DS	S	S(XIB)	S	S	R
R	S(XIB)	S	S	HEEL-PIVOT(3/4R)	DS	S
	&1 &	2 & 3	& 4 5	6 & 7	& 8	

Repeat Joey and Heel Pivot ¾ to face all four walls

Continued of page 2

## PART A (Verse)

MJ Pull "Crazy"

lean fwd on 6

Hands wave "crazy" on 6

Turn-n-bounce, Basic Pivot

Turn left on 8&9

hands over head pivot R R on 10 11

MJ Pull "Crazy"

Turn-n-bounce, Basic Pivot

## PART B (Build)

Sherry Vine

Moving forward

2 Basics, Double Basic Turn

Back up on basics, turn 360 left on

Double Basic, HUH! On 8

## PART C (Chorus)

Rhythm Step Turn ¼ left

Rhythm Step Turn ¼ left

Rhythm Step Turn ¼ left

Rhythm Split Turn ¼ left

Walk forward on 3 4

REPEAT A (Verse)

MJ Pull "Crazy"

Turn-n-bounce, Basic Pivot

MJ Pull "Crazy"

Turn-n-bounce, Basic Pivot

REPEAT B (Build)

Sherry Vine

2 Basics, Double Basic Turn

REPEAT C (Chorus)

Rhythm Step Turn ¼ left

Rhythm Step Turn ¼ left

Rhythm Step Turn ¼ left

Rhythm Split Turn ¼ left

## PART D (Break)

Joey, Heel Pivot ¾

Turn ¾ right on pivot

Joey, Heel Pivot ¾

Joey, Heel Pivot ¾

Joey, Heel Pivot ¾

Continued on page 2

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REPEAT PART B (Build)

REPEAT PART C (Chorus)

REPEAT PART D (Break)

REPEAT B (Build)

Sherry Vine

2 Basics, Double Basic Turn

REPEAT C (Chorus)

Rhythm Step *Turn 1/4 left*

Rhythm Step *Turn 1/4 left*

Rhythm Step *Turn 1/4 left*

Rhythm Split *Turn 1/4 left*

REPEAT D (Break)

Joey, Heel Pivot 3/4

Joey, Heel Pivot 3/4

Joey, Heel Pivot 3/4

Joey, Heel Pivot 3/4